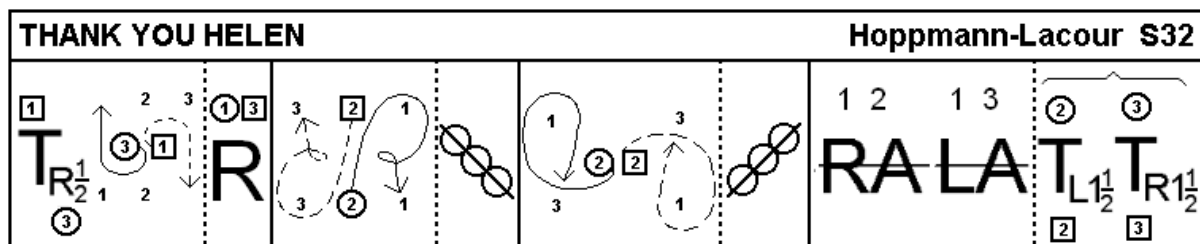


Thank You Helen

A 32 bar Strathspey for 3 couples in a longwise set (3x32)

- 1 - 4 1st lady and 3rd man turn right hand half way, pull their right shoulder back and cast to opposite places (half turn and twirl).
- 5 - 8 1st man and 3rd lady repeat.
- 9 – 12 2nd couple (dancing couple) pass partner left shoulder they dance round 1st corner position right shoulder and up or down the set towards each other, then they pull back their right shoulder to finish back to back facing 4th corner position (2nd corner person).
- 13 – 16 2nd couple dance a half reel of four with 4th corners (2nd corner diagonal), dance towards each other and (as they pass right shoulder) pull their right shoulder back, they finish back to back man facing up and lady facing down the set.
- 17 – 20 2nd couple dance round 2nd corner position right shoulder, and pass each other left shoulder ending back to back facing 3rd corner positions (1st corner person).
- 21 – 24 Half reel of four with corners (1st corner diagonal). 2nd couple pass partner left shoulder and curve to 2nd place on own sides.
- 25 – 26 1st and 2nd couples (top two couples) dance half right hands across.
- 27 – 28 1st and 3rd couples (bottom two couples) dance half left hands across.
- 29 – 32 2nd couple turn left hand 1½ times **while** 3rd couple turn right hand 1½ times.



Dedicated to Helen Russel as a small thank you for her wonderful teaching!

Devised by Ute Hoppmann-Lacour, 12th May 2007

Tune: "Thank you Helen" from Stefan Schatz.